

**PE at Eastington**

**Activity levels:**

All children at Eastington school are given 2 lessons of PE each week. Our curriculum is broad and varied, offering topics from both a traditional PE stance, as well as offering activities such as: orienteering, dodgeball and bench ball.

Further to this, children have supplementary ‘active’ time throughout the week in the form of ‘Be Active’ moments. This can take many forms: running, go noodle activities or other fitness sessions. Children also have active play times, either through the equipment provided or through well-being activities ran by our Class 5 children.

In addition to in-school activity, our children take part in competitive and inclusive sports events, hosted by the Atlas Sports Network (ASN). We ensure children, regardless of their sporting ability are offered the opportunities to experiences above and beyond PE in schools.

**Alternative curriculum:**

Our children thrive when given opportunities to explore alternative curriculum and extra-curricular activities. With this in mind, we have a range of opportunities available to our children.

We now provide opportunities each year for children to leave and work on our school site and take part in both competitive and inclusive events, meeting the needs of all children, through our links with the Atlas Sports Network.

In school, we offer after school, extra-curricular clubs each year. These change termly to ensure we cover all bases and provide opportunities for all children. We also offer trips and extra-curricular opportunities including PGL visits, forest school, adventurous activity trips (climbing, tubing, laser tag, orienteering).

**Assessment:**

PE assessment at Eastington is at the forefront of informing both the progress of our children, as well as allowing us to ensure correct next steps are provided. With this said, as a positive step in the right direction, we now assess each week using PE Pal, to remove retrospective, termly assessments.

PE Pal allows our teachers to assess each child on the go during each and every lesson. Using the ‘I Can’ statements contained within each game on the PE Pal app, our staff use the 1-touch assessment process on PE Pal to make an up-to-date and informed assessment of each child live.

Once assessed, each ‘I Can’ builds a pupil dashboard for every child. Assessments are stored in chronological, date stamped order in the pupil dashboard area on the app. This allows for staff and children to see evident progress over time, as well as demonstrating clear strengths and areas to improve every week.

**Progression of work:**  
Although mapped out term by term, units are moved around to accommodate specialist coaches, swimming timetables etc.

Swimming:

|  |  |  |
| --- | --- | --- |
| c5-10 weeks | 5.1.23 | 16.3.23 |
| c4-6 weeks | 23.3.23 | 11.5.23 |
| c3-6 weeks | 18.5.23 | 29.6.23 |

Summer Term Dance days w/b: 5/6/23 with Sarah Shaw

PE Pal units below:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn** | | **Spring** | | **Summer** | |
| **Class 1** | Fundamentals  Gymnastics | Happy Healthy Heart  Fundamentals | Dance  Multiskills | Principles of Play  Yoga? | Dodgeball  Athletics | Circuits  FUN damentals |
| **Class 2** | Fundamentals  Gymnastics | Happy Healthy Heart  Fundamentals | Dance  Multiskills | Principles of Play  Yoga? | Dodgeball  Athletics | Circuits  FUN damentals |
| **Class 3** | Football  TAG Rugby | Netball  Gymnastics | Principles of Play  Dance | Circuits  Dodgeball | Athletics  Orienteering | Tennis  Rounders |
| **Class 4** | Football  TAG Rugby | Netball  Gymnastics | Principles of Play  Dance | Dodgeball  Circuits | Athletics  Orienteering | Shonkball  Circuits |
| **Class 5** | Football  TAG Rugby | Netball  Gymnastics | Principles of Play  Dance | Dodgeball | Athletics  Orienteering | Tennis  Handball |

**School Clubs Summer term 2023:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Year 1** |  |  | Nature Club  Y1-2  Mrs Parsons |  | Atlas Multi-Sports  Y1 and 2  Mr S-Atlas |
| **Year 2** |  |  |  |
| **Year 3** |  | Maths 24 Club-lunchtime  Mrs Rome    Dodgeball  KS2  Miss Pates  Walking Club  Mrs Redpath | Recorder Club-lunchtime  Mrs Burns  Puzzle Club-lunchtime  Mrs Mifflin  Forest School  Emma Levan | Rounders  Ms Avastu | District Sports Athletics  Mr S-Atlas |
| **Year 4** |
| **Year 5** |  |
| **Year 6** |  |

**Competitions and events 2023:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **Date** | **Time** | **Place** |
| AGASNS Virtual Cross Country | 13.9.22 | pm | In school |
| Y3/4 Football | 19.10.22 | 9:00-12:30 | Oldends |
| Y5 Sportshall Athletics | 2.11.22 | 9:00-1:00 | Archway |
| KS1 Multiskills | 4.11.22 | 9:00-12:00 | Oldends |
| KS2 Tag Rugby Festival Small Schools | 30.11.22 | 9:00-1:00 | Oldends |
| In school TAG Rugby | 7.12.22 | 9:00-12:30 | School field |
| KS1 football | 15.3.23 | 9:00-12:00 | Oldends |
| School Games Quad Kids y3/4 | 24.5.23 | 9:00-12:00 | Oldends |
| In house SEND event | 16.5.23 | 1:30-2:30 | School playground |
| Dodgeball festival ks2 | 16.6.23 | 9:00-12:15 | Oldends |
| Eastington Sports Day | 19.6.23 | 1:00-3:00 | School field |
| District Sports | 3.7.23 | 9:00-12:30 | Archway |