



Head Lice

Dear Parents/Carers

I am writing to inform you that there has been a case of Head Lice in class 3. This letter contains some information on detection and treatment which we hope will be of use to you.

Please could everyone check their children's hair so that we can try and stop the head lice from spreading further. There is no need to keep your child off school if they have head lice. Remember, anyone can catch head lice.

Detection

Detection is more successful by regular inspection eg weekly. The best time is routinely when the hair is washed. Use a fine toothed comb on really wet, conditioned hair.

- . Part the hair into small sections.
- . Comb each section systematically.
- . Comb from the scalp to the very ends of the hair.
- . Lice are easier to see if combed onto a light surface (the bath, a basin or a sheet).
- . Wash away and kill any lice found.

If Head Lice are detected tell your contacts, including school.

Treatment

Only individuals who have lice or eggs need to be treated.

Non-Medicated Treatment

Comb with a fine toothed comb on really wet conditioned hair. Do this for at least 5 minutes every 3 days, for 2 weeks. Ensure the whole head is combed each time from scalp to ends of hair. This will remove the lice before they are mature enough to lay eggs or transfer to another head. Carry on the routine weekly checks after the treatment time.

Medicated Treatment

Use a treatment recommended by a Doctor or Pharmacist or Nurse.

With kind regards,

Zoe Avastu
Headteacher